



We've gone **BLUE** for Prostate Cancer Awareness

September marks Prostate Cancer Awareness Month with the PCFA. During this month, we will be hosting two breakfast BBQ's, a raffle and as usual, we have Containers for Change bins on site at Virginia - ALL proceeds go directly to the PCFA!

BBQ Dates

Friday 12th September

Friday 26th September

Gold Coin Donation

All donations receive a raffle ticket in our giveaways!

1st Prize - \$200.00 voucher to Olé Southbank

2nd Prize - \$100.00 Visa Card

3rd Prize - \$100.00 Visa Card



Should I have a PSA test?

Prostate cancer is the most common cancer in Australian men. Each year, over 25,000 men will be diagnosed with prostate cancer and around 3,700 will die from it. The recommendations are that men over age 50, or over the age of 40 with a family history of prostate cancer, should talk to their doctor about testing for prostate cancer as part of their regular health check-ups. It is important that you make an informed decision about testing based on the latest available evidence on the benefits and potential harms of testing and subsequent treatment for prostate cancer.

What are the potential benefits of PSA testing?

- PSA testing can reduce a man's risk of dying from prostate cancer.
- In a man with no symptoms, PSA testing can detect a potentially harmful cancer before it spreads.
- Early detection and treatment of a harmful cancer increases the chance it can be cured.
- If you are concerned about prostate cancer, regular PSA testing can put your mind at rest.

News & Updates



UPCOMING LEAVE

Neil Jones - Returning Monday 8th September

Chris Putaka - Friday 29th August, Returning Monday 8th September

Brad Dinnan - Monday 1st September, Returning Wednesday 3rd September

La-Lani Clemett - Monday 8th September, Returning Tuesday 9th September

Paul McDonald - Wednesday 10th September, Returning Monday 22nd September

Owen Thomas - Friday 12th September, Returning Monday 15th September

Sacha Coulston - Friday 12th September, Returning Wednesday 17th September

Mel Grainger - Monday 22nd September, Returning Monday 29th September

Bill Leddy - Monday 22nd September, Returning Monday 29th September

ACCOUNTS TEAM

Freight Increase

Our major delivery contractor has recently advised that they are no longer able to absorb the increases in fuel, labour, tolls, and motor vehicle maintenance and therefore need to pass on an increase of 4%. Effective 1st October we will need to pass on the 4% increase to all truck deliveries.

BRENDALE TRUSS & FRAME PLANT

The approximate lead time for quotes are as follows:

Quotes – Approx. 12 Working days (standard residential quotes)

Quotes – Approx. 6 Working days (carport quotes)

Quotes – Approx. 20 Working days (multi-residential & commercial quotes)

ADVISEMENT OF INCREASES

SEPTEMBER 2025

- POLYMER ADHESIVES & GAP FILLER 5-10%
- TREX DECKING 5%
- LANDSCAPE PRODUCTS & TIMBER BUILDING POLES 5-10%
- H3 TREATED STRUCTURAL PINE 5-10%



Prostate Cancer
Foundation of Australia



1 in 5 men are likely to be diagnosed with prostate cancer in their lifetime.

THE FACTS



26,368

men diagnosed
each year



3,901

men die annually



95.8%

five-year survival

A simple PSA blood test is our first-line defence in the early detection of prostate cancer.

If you or your loved ones have been impacted by prostate cancer, contact PCFA for support.

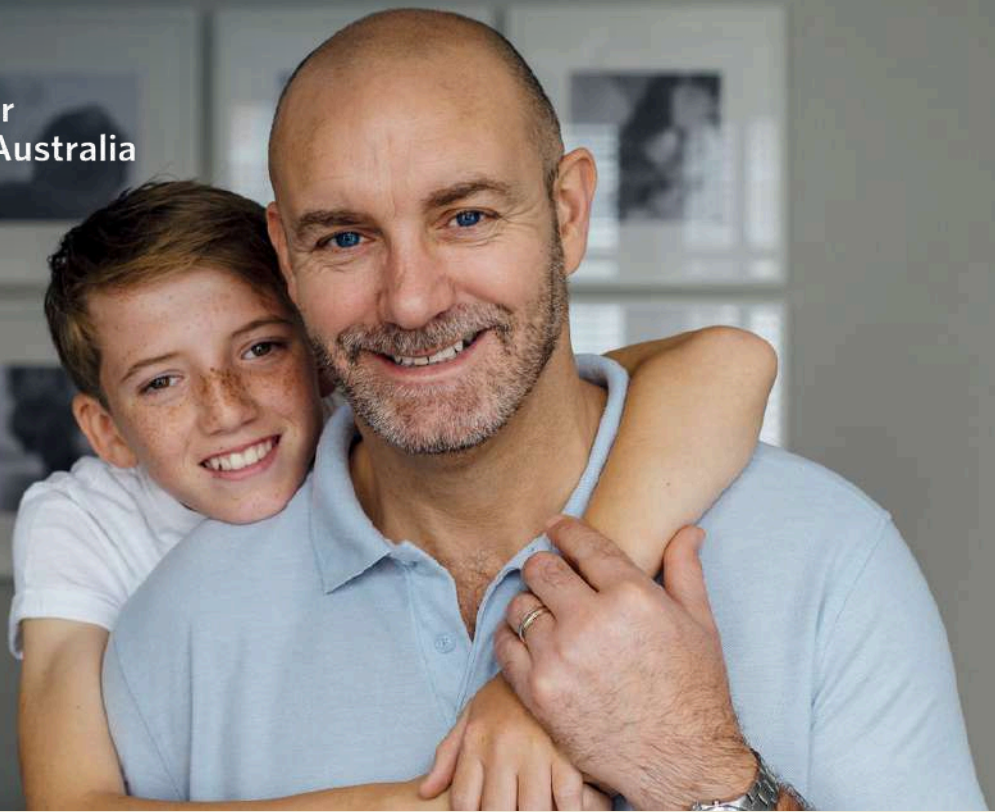
 1800 22 00 99

 prostate.org.au





Prostate Cancer
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Do you know your family history of prostate cancer?

You could beat risk of Australia's most commonly diagnosed cancer.

The facts



If your father or brother have ever been diagnosed with prostate cancer, your risk of prostate cancer doubles.



If two or more close male relatives have been diagnosed, your risk increases five-fold.



If you have a family history of breast or ovarian cancer, and/or BRCA1 or 2 genes, your risk is also greater.



Other risk factors

- Your risk of prostate cancer increases as you get older.
- Prostate cancer is unique among cancers – we have not yet found a way of preventing it, and we do not know what causes it.
- Scientists have not yet found any strong links between diet and lifestyle and prostate cancer.

Be proactive about prostate cancer. Talk to your doctor about PSA Testing, and call PCFA for information and a [free info kit](#).

 1800 22 00 99

We are here for you. If you or your loved ones have been impacted by prostate cancer, contact PCFA for support.

 prostate.org.au

